

Mahatma Education Society's  
**Pillai College of Arts, Commerce & Science**  
(Autonomous)  
New Panvel

**National Service Scheme**

**Term I & II Activities Report 2019-20**

**International Yoga day**

As part of worldwide observation of International Yoga Day, National Service Scheme of Pillai College of Arts, Commerce & Science, New Panvel in association with Patanjali Yoga Samiti, Panvel observed this day on 21<sup>st</sup> June, 2019 in the campus. The session was carried under the guidance of a well-trained yoga instructor Mr. Ram Palat Yadav, Retd. Lieutenant(Indian Navy) from Jila Prabhari- Patanjali Yog Samiti from 9:00am to 11:00am.

The students were made aware about the importance and benefits of yoga. Around 100 volunteers gathered with the eagerness to gain an insight about how indispensable yoga is. The students were also enlightenment about Yoga asanas. A number of asana poses were explained in detail and demonstrated by the speaker and volunteers were made to participate. The focus was on how we can improve our lifestyle by incorporating yoga in our day to day activities and acquire physical, mental and spiritual coordination. It was a healthy session and everybody celebrated the day with much fervor.

**Anti-tobacco Awareness**

Anti-tobacco awareness was organized on 11<sup>th</sup> July, 2019 to sensitize students on the harmful and deadly effects of tobacco use and passive smoke exposure and to discourage the use of tobacco in any form. Video presentation was given to the students. Approximately 850 students were benefitted from the awareness programme. A mass pledge by the students was also undertaken class wise.

**Stem Cell Transplant Registration and Awareness Drive**

N.S.S. Unit in association with Tata Hospital organized Stem Cell Transplant awareness drive on 16<sup>th</sup> July, 2019. Classwise awareness was given by Dr. Praveen from Tata hospital. Students were oriented about Stem Cell Donor Registration.

On 17<sup>th</sup> July 2019 the unit in association with the Marrow Donor Registry India (MDRI) organized Stem Cell depository registration drive in the College campus. Stem donor registrations were done which included teaching and non-teaching and students from Pillai College Arts, Commerce and Science.

**Leprosy Education and Rehabilitation program**

The NSS unit under the guidance of Prof. Shabab Rizvi, N.S.S. Programme Officer

took the initiative to educate pupils by organizing the programme which enlightened almost 500 students. The objective of the event was to focus on the causes of leprosy, signs and symptoms and to overcome it by simple and effective treatment. The leprosy Education and Rehabilitation program was conducted on 30<sup>th</sup> July, 2019. Donor cards were issued by ALERT-INDIA and the college holds an incredible record in collecting donations and donating it to ALERT - INDIA.

### **Mahiti Doot App Awareness**

A social awareness program on Yuva Mahiti Doot was organized by NSS unit of Pillai College of Arts, Commerce & Science, New Panvel on 30<sup>th</sup> July, 2019 which is an initiative by Maharashtra Government. The purpose of this initiative is to increase volunteerism among youths and to disseminate information about various Government schemes directly to the prospective beneficiaries through students at graduate and postgraduate level in different streams in colleges all over Maharashtra. All Volunteers attended the demo of Yuva Mahiti Doot Mobile application and Process of Registration. The students were also appealed to spread this awareness to others.

### **Tree Plantation**

As a part of the massive drive launched by the Maharashtra Government to increase the green cover across the State, the N.S.S. volunteers of Pillai College of Arts, Commerce & Science organized a one day tree plantation drive on 2<sup>nd</sup> August, 2019. 36 students successfully planted 180 saplings at Khuthari village in spite of heavy rains. The students showed great enthusiasm in planting them and they knew their hard work would yield more benefits.

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### **Golden Saturday with Alumni on account of 50 years of M.E.S in 2020**

The National Service Scheme of Pillai College of Arts, Commerce & Science celebrated Golden Saturday with Alumni on 10<sup>th</sup> August, 2019 on account of 50 years of Mahatma Education Society in 2020. The Chief Guest of the day was our alumni, Ms. Gurpreet Kaur Khalsa, Founder, Gurpreet Kaur Leadership and Development. The session was on 'Mental Health and Positive Thinking' and all the NSS volunteers participated with great enthusiasm.

### **Swachha Bharat Abhiyan Activities**

The NSS Unit of PCACS organised the Swachh Bharat Abhiyan activities as per the action plan on 14<sup>th</sup> August, 2019. Students of S.Y. and T.Y. B.Sc. Information Technology visited the Zilla Parishad School at Vichumbe, and conducted these activities. Around 25 students participated in this. The volunteers reached the venue by 10:00am. They got into groups and were engaged in cleaning the class rooms, the floors, benches, blackboards and the entire school premises. The volunteers did their best to bring smile on the faces of the students and villagers. They also visited Old age home and

conducted cleanliness drive. Their work was highly appreciated by the inmates.

- As per the permission granted by CIDCO the N.S.S. unit of PCACS conducted cleanliness activities at CIDCO garden near CKT College. NSS Volunteers of S.Y. B.Com A & B engaged in cleaning the entire garden and also generated cleanliness awareness among the masses. All these activities were organized on 14th August, 2019. Around 15 students participated in this activity. The public who witnessed the work, highly commended the active participation of the volunteers.

### **NSS launch campaign against use of plastic bags**

Alarmed by the increasing environmental threat posed by plastic, volunteers of N.S.S. Unit launched an anti-plastic drive by distributing paper carry bags to the vendors of the Panvel market on 14<sup>th</sup> August, 2019. The youngsters, committed to spreading the environmental message, organized rally carrying placards. They also urged the public to refrain themselves from the use of plastics in their daily life. The public appreciated the efforts of the students.

### **Youth and HIV-AIDS Awareness**

\_The NSS unit organized a session on Youth and HIV-AIDS Awareness on 16<sup>th</sup> August, 2019.

The Key speakers of the day was Mr. Sanjay Man DPM, Alibag, Mr. Vikas Kompale, Councilor and Mr. Rameshwar Mule, Councilor. The speakers' highlighted the impact of HIV/AIDS on young people. The aim of the HIV/AIDS Awareness Programme was to empower and increase the awareness of HIV/AIDS, its impact, management and availability of support systems.

### **Mega Blood Donation Camp**

Donating blood is a habit among the Pillai family and we have many examples where all students, teaching and non-teaching fraternity donate blood every year with much fervor and zeal. The NSS unit of Pillai College of Arts, Commerce and Science boast of highest number of blood bottles collected and donated over the past few years. This year the mega blood donation camp was organized in association with Lions Club of Millennium on 20<sup>th</sup> August, 2019 and collected 466 bottles of blood. Each donor was thanked profusely with gratitude saluting their spirit and for being an exemplary figure for the others.

### **Antidrug awareness Program**

Navi Mumbai Colleges Association is an initiative of Pillai College of Arts, Commerce & Science, New Panvel to promote cooperation among neighboring colleges with a view of improving the quality of higher education in the region. As per the discussion on collaborative non-academic activities to be conducted under the banner of NMCA,

an awareness program on Drug Menace was initiated. The NSS unit of Pillai College of Arts, Commerce & Science, New Panvel in association with NMCA and Asha ki kiran Foundation hosted Antidrug awareness Program on 29<sup>th</sup> August, 2019 at 11.00am. Mr Ajay Kadam ACP, Crime Branch along with his team visited our campus and was one of the key speaker of the event. Students and Faculty from Vispute, Barns, Pillai HOC College and CKT College participated in the event. This is the first mega collaborative activity under NMCA and all member colleges benefited by the event.

### **Swaccha Bharat Abhiyan**

N.S.S. unit of Pillai College of Arts, Commerce & Science and Railway Protection Force lead by Inspector General and Senior Police Force jointly conducted Swaccha Bharat Abhiyan program on 23th September, 2019 at Panvel Railway Station. NSS Volunteers engaged in cleaning the Panvel Railway Station and also generated cleanliness awareness among the masses.

### **NSS Best Volunteer Award**

Komal Shinde of T.Y.B.Com was identified and recognized for her outstanding services in community and announced the NSS Best Volunteer Award from Raigad District. The objective of this Award is to recognize and reward outstanding contributions towards voluntary community service.

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### **Constitutional Day**

National Service Scheme of Pillai College of Arts, Commerce & Science, New Panvel, organized the celebration of constitution day on 26th November, 2019 at 11:00 a.m. in the college campus. Prof. Gurpreet Kaur Kalsa, Pillai College Arts, Commerce & Science, delivered an informative speech about constitution of India. Total 120 NSS volunteers were present for the programme.

### **Homage to the Martyrs**

The NSS unit in association with Maharashtra Police Boys Company paid tribute to the security personnel killed in the Mumbai terror attacks on 26th November, 2019. On the 11th anniversary of the Mumbai terror attacks, we remember everyone who lost their lives and mourn with their families. A grateful nation salutes the security personnel who made the supreme sacrifice.

### **World Aids Day**

World Aids Day observed annually on 3rd December, 2019 is dedicated to raising awareness to the Aids pandemic caused by the spread of HIV infection. The N.S.S. Unit observed this day by involving young students in the awareness campaign. The volunteers actively participated in spreading awareness and believe that the future generation has the ability to sensitize others and prevent spread of HIV. The NSS volunteers carrying placards took part in the rally to create awareness among the public and youth on HIV/AIDS. The rally began from college to Panvel.

### **Residential Camp**

The National Service Scheme of Pillai College of Arts, Commerce and Science, New Panvel organized a **social camp** in the adopted village, Ghot Gaon, MIDC Taloja from 13th January 2020 to 19th January 2020. The social camp was hosted with the help of Municipal Corporation and former Nagarsevak of the village. The main purpose of the camp was to promote 'Swachhta' in the village. There were 90 student volunteers under the surveillance of NSS Chief Programme Officer of Pillai College of Arts, Commerce and Science, Prof. Shabab Rizvi who did the planning, coordination and execution of the whole camp with zeal. All the activities planned were successfully executed like Swach Bharat Abhiyaan, Swachhta hi Seva, Alcoholism, Technology and Family, Old age is Gold age, Jal hai to Kaal hai, Me and N.S.S, etc. The social camp also held special lectures for student's development like Personality Development by Dr.B.S.Patil, Competitive Exam and National Services by Dr.Samrat Jadhav, Dental Awareness by Dr.Shilpa Vaishampayan and Dr.Anupam, Ek Bharat Shreshth Bharat by Ms.Gurpreet Kaur, Sex Education by Dr. Arun Ranade, etc. Some of the guests who graced us with their presence in the camp for guiding students were Dr.Gajanan Wader (Principal of Pillai College of Arts, Commerce and Science), Mr. Diwakar Kadam(Area coordinator of N.S.S.), Mr. Dyaneshwar Suresh Patil(Nagarsevak of adopted village), Mr. Suresh Patil & Mr. Sandesh Kumar Patil(Principal, Z.P. School, Ghot gaon). There were also some important people working in the department of Panvel Municipal Corporation who came to the camp to

share their experiences and knowledge on Cleanliness management with their volunteers. The overall environment of the camp was disciplined and well structured. It was rich in practical knowledge and experience which introduced human skills into students. The camp was conscious of not exploiting the resources of the village and keeping the villager's consent as higher consideration. It was as a whole a fruitful experience for the college students and a helping hand for the residents of the village with the guidance and active involvement of all the Guests.

### **Walkathon against Blindness**

The N.S.S. unit in association with Health Department participated in the world's largest walkathon against blindness 'Tamaso Ma Jyotirgamaya' organized by Advanced Eye Hospital and Institute, One Vision Health and Research Foundation on 9<sup>th</sup> February, 2020. Our students participated across all the competition and henceforth the N.S.S. unit won the first prize in maximum participation. Dancing is another form where our students left no stone unturned. The official dance group of our college left the judges and audience to applaud loudest for them. Undoubtedly, they won the Best Dance Performance Award. All these efforts were highly appreciated by the celebrities supporting the social cause of fighting against blindness.

### **Blood Donation Camp**

N.S.S. unit of Pillai College of Arts, Commerce & Science in association with Rotary Club of Panvel Midtown organized Blood Donation Camp in Panvel Railway Station on 13<sup>th</sup> February, 2020. The idea of blood donation camp was to raise social awareness about the benefits of blood donation. To make people understand that each person can save 3 lives at a time and can improvise their health too. NSS volunteers played a key role in spreading awareness about the event to the public. At the end of the day over 179 blood bottles were collected. This is the highest record in blood donation in University of Mumbai 2019-20. Total number of blood bottles collected reached to 645(First phase 466 Blood bottles in college campus and Second phase 179 Blood bottles at Panvel Station).

### **Road Safety Week**

Road Safety Week is celebrated year by year in order to create awareness among the public regarding traffic rules and to reduce casualties of road accidents. This year again the N.S.S. Unit of Pillai College of Arts, Commerce & Science(Autonomous) organized Road Safety Week in association with Navi Mumbai Traffic Branch, Panvel Unit on 16<sup>th</sup> January, 2020. The Chief Guest of the day was Mr. Abhijeet Mohite Senior Police Inspector Traffic Branch Panvel unit. He stated in his speech that safety is as simple as 'ABC' - Always Be Careful and insisted each one to be a good citizen and obey traffic rules and minimize the number of accidents and save human lives.

### **Accolades of N.S.S Unit**

- The NSS takes the initiative to educate students by organizing Leprosy Education, Rehabilitation and Treatment Campaign by an NGO, ALERT – INDIA every year. Donor cards are issued by Alert India and the college holds an incredible record in collecting and donating contributions to ALERT – INDIA. This year too the N.S.S unit received award from ALERT –INDIA for the applaudable contribution given for leprosy eradication.
- Kotak Education Foundation is an NGO. It supports children and youth from under privileged families through various education based interventions. N.S.S. Unit of Pillai College of Arts, Commerce & Science(Autonomous) has been collaborated with the KEF to bridge the gap with the Spoken English Programme, by training these students to understand and speak the language better. These efforts taken by the N.S.S. Unit has been recognized and has been awarded by Kotak Education Foundation for helping in remedial coaching in government schools in Govandi and Mankhurd areas.

**N.S.S. Programme Officer**  
**Prof. Shabab Rizvi**