

Mahatma Education Society's
Pillai College of Arts, Commerce & Science
(Autonomous)
New Panvel
National Service Scheme

Term I Report 2020-2021

N.S.S UNIT of our college organized various activities in the period of lockdown, by obeying all the rules and regulations of the lockdown, given by the Government.

Covid Awareness Quiz

The National Service Scheme of Pillai College of Arts, Commerce & Science(Autonomous) made a sincere effort to conduct online corona virus awareness program on 22nd April, 2020. Covid-19 awareness quiz was created using Google Forms. The objective was to create more social awareness about the pandemic. The NSS volunteers, students and staff members were encouraged to take on the quiz to increase awareness regarding the disease, ways to stay safe and understanding facts. Students and staff members actively participated and received e-certificates of participation on taking the quiz.

Online Training on Hepatitis B&C

The NSS unit in association with United Way Mumbai organized Free Online Training on Hepatitis B&C on 12th June, 2020. This training covered areas like: What is Hepatitis? Its signs and symptoms, Types, Transmission, Stages, Importance and Prevention of Hepatitis B. The Training was conducted on the Zoom platform. E-certificates were mailed to the participants after the successful completion of the online training program.

Independence Day –Celebrated Online

On the occasion of Independence Day the NSS unit organized a webinar on “Importance of Constitution of India”. It was conducted on 15th August, 2020 at 11:00am on Zoom platform. Prof. Sudhir Puranik graced the program as the Chief Guest. Adv. Poonam Gupta, Assistant Professor, Pillai College of Arts, Commerce & Science (Autonomous) gave an informative session on the “Importance of Constitution”. Students, Faculty members and the NSS volunteers’ attended the webinar. E-certificates were issued to all the participants.

National Service Scheme Day

The NSS unit jointly with the NGO Youth for Global Peace & Transformation conducted self exploratory workshop on “Discover yourself through strengths & weaknesses. The special speaker of the day was Ms. Anuradha Bhatkar. This interactive session was held on 29th September, 2020 at 5:00pm in Zoom. The motivational workshop enabled the participants to understand the process of discovering oneself, how to transform weakness into strengths and utilize strengths to realize infinite potential within. All the students and faculty members participated and were highly benefitted by the session.

Webinar on Psychological impact of Covid-19

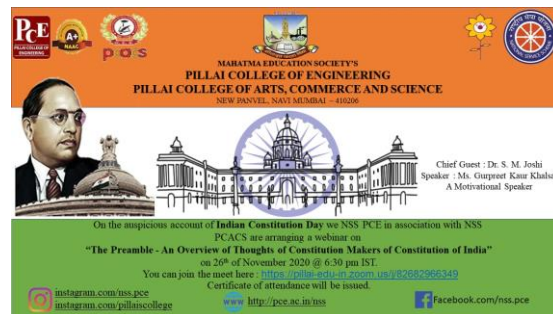
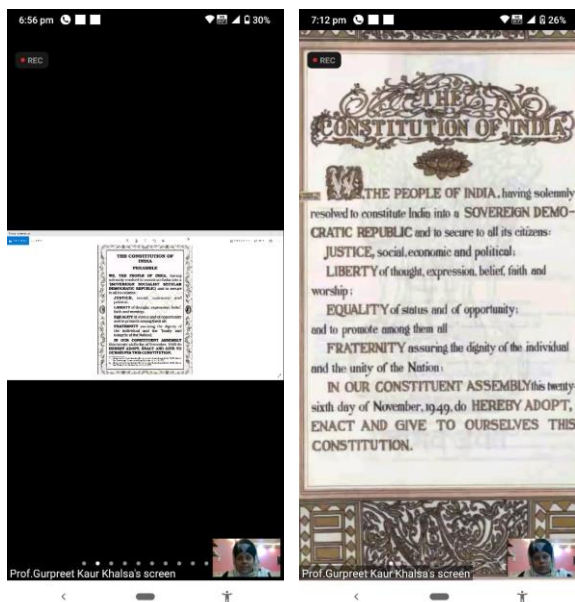
The NSS unit in association with Navi Mumbai College Association of PCACS organized a webinar on “Psychological impact of Covid-19” on 28th August, 2020 at 5:00pm. The Resource speaker for the webinar was Ms. Hema Subramaniam, Freelance counselor and Corporate Trainer. COVID-19, like every other pandemic, has imposed an unprecedented threat to physical and mental and psychological health of the people, across all the age groups. This webinar focused on the required knowledge, attitude and behavior of the people regarding this pandemic and how it influences their depression, anxiety and stress level. The speaker also addressed the mechanism to successfully deal with the COVID-19 pandemic by enhancing immunity and mitigating the risk. Faculty members and students from different departments participated in the webinar.

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Term II Report 2020-2021

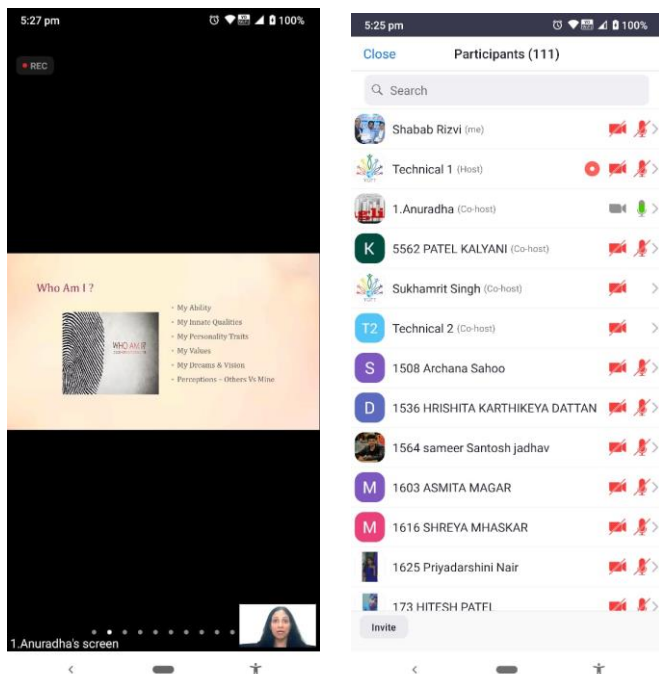
Indian Constitution Day

On the auspicious account of Indian Constitution Day the N.S.S. unit of Pillai College of Arts, Commerce & Science (Autonomous) in association with N.S.S., Pillai College of Engineering organized a webinar on “The Preamble – An Overview of Thoughts of Constitution Makers of Constitution of India” on 26th November, 2020 at 6:30 pm. The Chief Guest of the day was Dr. S.M. Joshi and the special speaker was Ms. Gurpreet Kaur Khalsa, Founder, Gurpreet Kaur Leadership and Development. The session was conducted on the Google meet platform and e-certificates were mailed to all the participants.



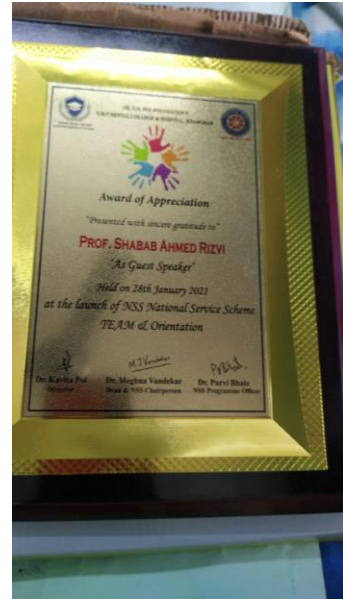
Youth Initiative- Know to Grow

The N.S.S. unit in association with the Youth Initiative YGPT- Youth for Global Peace and Transformation conducted a webinar workshop on “Know to Grow” on 29th December, 2020 at 5:00pm. This session was organized with an aim to enable students discover themselves; understand their real personality, their likes, dislikes and what their dreams are. The session was headed by the special speaker Ms. Anuradha Bhatkar and it was conducted in Zoom platform with a free registration. At the completion of the webinar the registered participants were provided with e-certificates.



Invited Talk- Prof. Shabab Rizvi

N.S.S. Programme Officer of Pillai College of Arts, Commerce & Science(Autonomous) Prof. Shabab Rizvi was invited as the esteemed speaker for an Orientation Lecture on “Orientation: NSS” at the launch of NSS National Service Scheme Team & Orientation Program at Dr. G.D. Pol Foundation’s Y.M.T. Dental College of Hospital on 28th January, 2021. Prof. Shabab Rizvi guided the students and the Faculty members about the activities and prospects of National Service Scheme. **He also** oriented and guided them regarding the ideas, mission, vision, activities and processes of NSS and encouraged and motivated the students to join and become members of NSS. The event witnessed an enthusiastic participation. At the end of the session Prof. Shabab Rizvi was felicitated with an Award and Certificate of Appreciation.



The Rakshin Project Webinar

The N.S.S. unit in association with Sakshi conducted The Rakshin Project Webinar to Prevent Child Sexual Abuse on 6th February, 2021 at 3:00 pm. Dr. Ramya Nisal, special speaker delivered an enlightening presentation. The online session was organized with the aim to equip the NSS POCSOA Champion with the capacity to prevent, prohibit and intervene in instances of sexual offences against children. All the students and faculty members participated and were highly benefitted by the session. . At the end of the session students and staff members received e-certificates of participation.

Mahatma Education Society's
PILLAGI COLLEGE OF ARTS, COMMERCE & SCIENCE (AUTONOMOUS)
 Affiliated to University of Mumbai (UAM), accredited 'A' grade (3 cycles)
 Best College award by University of Mumbai (ISO sponsored certified)
NATIONAL SERVICE SCHEME (NSS)
 IN ASSOCIATION WITH SAKSHI

WELCOME YOU TO THE WEBINAR ON

**Stop Child Sexual Abuse
 And
 POCSO ACT 2012**

BY DR RAMYA NISAL
**06TH FEBRUARY 2021
 03:00 pm TO 05:00 pm**


JOIN US THROUGH ZOOM



3:17 PM 224KB/s

Zoom Leave

REC



Unmute Start Video Share Participants More

3:27 pm 33%

Close Participants (116)

Search

- Shabab Rizvi (me)
- KL Kanika Lakhera (Host)
- RN Ramya Nisal (Co-host)
- A 002 AGALAWE ANURAG SANTOSH
- QC 040 Choudhary Chandrika Rana
- D 043 Choudhary Dimple Bhawarlal
- 058 DHAMAL ONKAR SHANKAR
- P 073 MANASI PRABHAKAR GAON...
- 092 Junnarkar Nahush Gandhar
- 1503 PRATIK AGINE
- 1528 Chavan Sanrupti
- D 1536 HRISHITA KARTHIKEYA DATTAN
- 1562 Dhanashree .Jadhav

Invite

3:17 PM 356KB/s

Zoom Leave

REC


THE RAKSHIN PROJECT

"Stay Home & Stay Safe"
 It raises a question if Home is really a safe space for many of us.

At a time when the entire nation is under lockdown, it becomes even more critical to generate awareness about CSA. Please take some time off this quarantine season and help us spread the word.

Make Home a Safe Space
 Let's come together to
 #StopChildSexualAbuse

THE RAKSHIN PROJECT BY SAKSHI



Unmute Start Video Share Participants More

2:55 pm 21%

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Unmute Start Video Share Participants More

Webinar on “Teaching from a Happy Space”

The N.S.S. unit of Pillai College of Arts, Commerce & Science (Autonomous) in association with the Youth group, Youth for Global Peace and Transformation – YGPT organized a webinar on “Teaching from a Happy Space” on 3rd April, 2021 at 4:00 pm. The speaker for the session was Mr. Mitra Shankh.

This program focused on the following aspects:

- Why and how to keep ourselves happy!
- How to deal with challenging situations at work!
- How to balance work and personal life!
- How to be a happy soul!

All the faculty members participated and were highly benefitted by the session. The session was conducted on the Zoom platform. E-certificates were mailed to the participants after the completion of the program.

